

## Community Education Class Schedule for 2009

How to register for our Community Education Classes  
List the classes on the registration form and mail or fax to the Lactation Center.

**Childbirth Education Total Packages**  
includes the following classes:

**Childbirth Classes**  
**Breastfeeding Class**  
**Infant CPR & Home Safety Class**

- ◆ COACHES or FATHERS are strongly encouraged to attend ALL classes

### Tuesday Childbirth Classes

(4 wk series) 6:30 pm - 9:00 pm \$ 150

07-07 thru 07-28     08-04 thru 08-25  
 09-01 thru 09-22     10-06 thru 10-27  
 11-03 thru 11-24     12-01 thru 12-22

### Scheduled Cesarean Birth Package

(2 wk series) 6:30 pm – 9:00 pm \$ 150

### Tuesday

07-21 & 07-28             08-18 & 08-25  
 09-15 & 09-22             10-20 & 10-27  
 11-17 & 11-24             12-15 & 12-22

**Saturday Childbirth Workshop** - In addition to this Saturday Workshop; Please choose a date from the list below for the breastfeeding and CPR classes that are held on Thursdays,

**\$ 160**

10:00 am-5:00 pm (Lunch included)

*This program is a condensed version of the 4 week series.*

05-30    06-06    07-11    08-08  
 09-12    10-03    11-14    12-05

- ◆ Weekend Childbirth Workshop is located in the Mercy Hospital's main building.
- ◆ Take elevator "B" to the 6<sup>th</sup> floor Conference room B.

**Breastfeeding** – Select date for Breastfeeding Class AFTER the Childbirth Series is completed.

**Fathers are strongly suggested to attend this class.**

**2<sup>nd</sup> 3<sup>rd</sup> or 4<sup>th</sup> Thursday 6:30 pm - 9:00 pm**  
 06-25    07-09    07-16    08-13    08-20  
 08-27    09-10    09-17    09-24    10-08  
 10-15    10-22    11-12    11-19    12-10  
 12-17

### Infant CPR & Home Safety

**1<sup>st</sup> Thursday 7:00 pm - 9:30 pm**

06-18    07-02    07-30    08-06  
 09-03    10-01    11-05    12-03

- ◆ Monthly CPR & Home Safety are held in the **Mercy Hospital's main building, 6<sup>th</sup> floor Conference Center.** Take elevator **B** to the 6<sup>th</sup> floor and follow the signs.
- ◆ **Parking is available in the Visitor's Parking Garage #1**
- ◆ Weekly evening childbirth classes and all breastfeeding classes are held in the **Lactation Center located on Mercy Hospital Campus Building 1 South ROOM 1400. See Map on line.**
- ◆ **Parking is available in the Gravel Lot next to Building 1 South.**

Refunds available only for premature deliveries with Doctor's order.



### Registration Form

**Space is limited.**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ FL ZIP \_\_\_\_\_

Home Phone \_\_\_\_\_

Work Phone \_\_\_\_\_

Cellular Phone \_\_\_\_\_

EMAIL \_\_\_\_\_

Mother's Birthday \_\_\_\_\_

Due Date \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Support Person \_\_\_\_\_

Physician \_\_\_\_\_

Hospital \_\_\_\_\_

**Your classes are NOT confirmed until payment is received.**

- |                              |                     |
|------------------------------|---------------------|
| 1. <b>Childbirth Classes</b> | Date ____/____/____ |
| 2. <b>Breastfeeding</b>      | Date ____/____/____ |
| 3. <b>Infant CPR</b>         | Date ____/____/____ |

Payment Method:  Cash    Credit Card    Check  
(Payable to Mercy Hospital)

Mail or fax the Registration Form  
Fax 305-285-2724 Phone 305-285-2770

Credit Card \_\_\_\_\_

Exp. Date \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Signature \_\_\_\_\_